#### What is WRILC?

We are a Center for Independent Living – the Mahoning Valley's comprehensive hub for people with disabilities of all ages. We serve *Trumbull, Mahoning, Columbiana*, and *Ashtabula* counties.

WRILC is a nonprofit, community-based, non-residential center. We are also consumer controlled. We provide the consumer with the tools they need to get the services they desire.

#### What is "Independent Living?"

Independent living is about having choices and about having the right to make those choices – to make one's own mistakes, and to learn from them in the same way people without disabilities do.

People living with disabilities must be empowered to take control over their own lives.

#### Who can use WRILC?

- People living with disabilities.
- Physicians who have patients with disabilities.
- Organizations and businesses interested in making their programs and services more accessible to those needing accommodations.
- Anyone in the community wishing to learn about disability resources.





## Western Reserve Independent Living Center

"Opening Doors to Independence"

4076 Youngstown Rd SE, Suite 203, Warren, Ohio 44484

> Phone: 330-372-3325 330-373-1825 Fax: 330-373-1826 www.wrilc.org

Member of the Ohio Association of Centers for Independent Living







### **Western Reserve**

Independent Living Center
"Opening Doors to Independence"

# Dedicated to Empowering People with Disabilities

#### How can WRILC help you?

#### Information and Referral

We link people with the most up-to-date disability resource information and *Americans with Disabilities Act (ADA)* guidelines to assist you, a family member, or a friend.

We are dedicated to establishing a strong network in the community to ensure we are able to provide accurate information to consumers.

#### **Peer Support**

People with disabilities empowering people with disabilities. Our staff is very familiar with disabilities, by either having a disability, or having a family member with one! We offer individual and group support in a setting that allows you to interact and share with peers. Our current groups include visually impaired/blind support group, and stress management support group. You can attend via internet, phone, or in person. We also offer a monthly game day, and can send you a monthly newsletter and calendar in large print, braille, or audio formats.

#### **Individual Advocacy**

WRILC works with and teaches people with disabilities how to advocate for themselves. When a person with a disability needs that advocacy support, we will assist in any way we can.

#### Systems Change Advocacy

We advocate with local, state, and federal legislatures to ensure appropriate services are obtained and provided and that people's rights in the community are not being violated. We have a consumer advocacy team that meets monthly.

#### **Independent Living Skills**

WRILC guides consumers through instruction of independent living skills. We provide the opportunity for a consumer to become more independent in daily life by offering individual or group independent living skills instruction.

#### **Emergency Preparedness Training**

We assist in training both consumers and the community about awareness of people with disabilities in preparing for an emergency.

We provide information to consumers on how to prepare for a disaster in the home and out. **WRILC** also works to inform community members of the preparedness measures necessary to provide assistance to those who need it.

#### **Individual Transitioning**

At **WRILC**, we assist people living with disabilities to live in their community in a setting they prefer. Whether it is a transition from a nursing facility or youth transition into the workforce, **WRILC** can assist with making the transition a successful process.

Youth transition services are available for ages 18-24, whether in or out of school.

#### **Disability Awareness**

We provide training for both consumers and the community about awareness of people with disabilities and their needs, including information and presentations on *Emergency Preparedness, ADHD* and *Accessibility, Housing, Employment, Transportation*, and *Domestic Violence*.

If you are interested in volunteering or you just want to find out more, our office is open Monday through Friday, from 8:00 a.m. to 4:00 p.m.

Ashtabula and Colombiana counties are represented, but operate in a mobile setting with no branch office at this time.

To contact the representative for either county, please call the main office at 330-372-3325.

Appointments are recommended, but walk-ins are welcome.